

## **What are BADth's guidelines for rates for sessional/freelance work/private practice?**

### **Dramatherapy Groups**

**Freelance/sessional practice** - £55-£75 per hour (the length of a session may vary from half an hour to two hours depending on the client group ). The fee should take into account the number of clients in the group and the level of expertise required by the therapist. If the therapist is providing the equipment for groupwork this should be taken into account when setting the fees.

**Private practice** - the charge will need to be worked out for each member of the group. It is important to add costs for rent/room hire and any associated costs. A clear contract with group members should include information about whether remaining members will need to bear the costs of members who are absent or leave or whether members pay in advance for a block of sessions.

The costs for supervision and CPD will also need to be taken into account.

The guidelines for charges per group member could be between £20 to £45 for a two hour group.

Charges will to be adjusted if two facilitators are involved, a suggested rate is one and half times the fee for a single facilitator for the group session.

### **INDIVIDUAL THERAPY**

**Freelance Practice** - Between £45-£65 a session (a session is usually 50 minutes but will vary according to the needs of the client)

**Private Practice** - Between £45-£70 a session. The charges may veer towards the higher end of the scale due to the overheads listed above.

Practitioners may decide to devise a sliding scale of fees. Student members of BADth have requested that consideration is given to the fact that the majority of students are self-financing their training.

### **OTHER CONSIDERATIONS**

#### **Freelance/sessional work**

Organisations may offer an inclusive daily rate. This should be between £190-£350. Check what is included in the rate. If the items below are not included, they should be charged at the same rate as private practitioners. Some organisations may offer supervision, if not, ensure that the rate you agreed to allows for you to pay for supervision and CPD.

### **PRIVATE PRACTICE**

- Mileage - 35-45 pence per mile – if required to travel to meetings or to assess clients
- Travel time - £15-£20 per hour
- Meetings - £40-£60 per hour
- Report writing - £35-£50 per hour

Fees for clinical supervision could be based on the above guidelines.

**Please note that these are *guidelines*. Fees will vary according to location, the experience and profile of the therapist and the financial status of organisations.**

### **3. What are rates of pay for Dramatherapists working in education or the NHS?**

The Joint Arts Therapists in Education Group have published the following statement:

All Arts Therapists are encouraged to use one of the following scales:

- i. Teachers' Pay Scale – if Qualified Teacher Status (Note: use an Arts Therapy job description)
- ii. Agenda for Change Pay Bands – Band 7; recommended entry level Pay Band 6/7
- iii. Private/self employed rate negotiated with educational setting using Dramatherapists' pay guide.

Dramatherapists employed in the NHS should be banded according the Agenda for Change scales at band 7 and above.